

## **Personal, Social, Health and Economic Education Intent**

Learning to learn	Personal, Social, Health and Economic Education (PSHE) enables our children to become healthy, independent and responsible members of society. At Woodlands, we use 'Jigsaw, the mindful approach' scheme which follows the National Curriculum requirements in a logical progression, ensuring that all pupils acquire the knowledge and skills to develop into fully rounded children who are healthy, sociable and emotionally literate.
Integration and application	As well as working through units of the PSHE scheme, each child will be familiar with the 'Zones of Regulation' boards that are in every classroom. These are where children can place their name in a colour section depending how they are feeling in themselves. The well-being of every individual in the school is paramount for children to be able to learn. In enabling children to recognise and understand how they are feeling and the emotions they experience throughout the day, they will be able to self-regulate and have more emotional control using strategies that are discussed in class.
Understanding and caring for the world around us	We want the children of Woodlands to be kind, understanding and respectful towards others and to appreciate the British core values. We provide opportunities in all areas of the curriculum for our children to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Children are continually encouraged to develop their sense of self-worth through their work and by playing a positive role in contributing to school life. Woodlands School Council members are encouraged to gather their class's thoughts and feelings regarding particular issues and collaborate on making their school community the best it can be. In addition, all children are encouraged to think about their own role and others' within the wider community and discussions on their thoughts and feelings of life issues and listening to others takes place regularly within lessons.