

Physical Education Intent

Learning to learn	<p>At Woodlands pupils will develop fundamental movement skills, become increasingly competent and confident as physically literate individuals. Pupils will be taught the importance of teamwork, fair-play, honesty, respect and sportsmanship and how it relates to not only physical activity but the wider world.</p> <p>Pupils will be taught to recognise their own ability and how to set personal and achievable goals, promoting a commitment and desire to improve. Pupils will learn to support their peers through effective feedback relating to technique, skill and motivation.</p> <p>Pupils will develop an understanding of the benefits of leading a healthy active lifestyle.</p>
Integration and application	<p>Physical Education at Woodlands will be an engaging and active experience with a focus on maximum participation and learning inputs being clear and concise. The environment will be one of learning through structured, enjoyable activities which will challenge pupils irrespective of ability. An ethos of positivity and support will be evident in every lesson.</p> <p>Learners will take responsibility to choose and communicate their own personal goals. Expectations will be high with an established growth mind-set amongst learners. A culture of reciprocal peer coaching will be an integral part of Physical Education at Woodlands. All children will be given suitable opportunities to compete in both intra-school and inter-school events.</p>
Understanding and caring for the world around us	<p>Beyond their time at Woodlands, pupils will be motivated to lead healthy active lives due to the positive experiences provided. Pupils will be inspired to succeed and excel in competitive situations. They will have developed a positive attitude towards physical activity. Pupils will leave Woodlands with the skills of: teamwork, fair-play, honesty, respect and resilience, helping them succeed in the wider world.</p>