



Family
Line

Family

0808
802
6666



**Family
Line**

**If you need support contact
FamilyLine today.**

A free helpline that offers emotional support and practical guidance via telephone, text, email and live chat for all family members over the age of 18.*

Call
0808 802 6666

Text
07537 404 282

Live Chat
family-action.org.uk/familyline

Email
familyline@family-action.org.uk

Scan me



*We will refer anyone under the age of 18 to the relevant services required.
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